

## STRATEGIES OF INTERVENTION

(from *Bully-Proofing Your Child: A Parent's Guide* by Garrity, Baris, and Porter.)

LEVELS OF RISK			
Strategies of Intervention	Low	Medium	High
<b>Not joining in</b>	Walk away	Stay but do not participate.	Declare your non-participation.
<b>Getting Adult Help</b>	Get help anonymously.	Identify who the helpful adults are and get one of them.	Announce loudly your intention to get adult help; then do it.
<b>Mobilizing Peer Group</b>	Identify a peer leader and offer to join in standing up to the bully.	Identify others who are capable of mobilizing peers in defense of the victim and recruit them to the cause.	Be a leader in recruiting others to join in standing up to the bully.
<b>Taking an individual stand</b>	Go over to the victim and lead him or her away from the situation.	Say, "leave him alone."	Say, "we don't treat people like that at our school."
<b>Befriending the victim</b>	Privately empathize with the victim by saying, "that was unfair or cruel."	Go over and stand with the victim or invite him or her to join you in doing something else.	Stand with the victim and publicly announce the "unfair" behavior of the bully.